

Sydney's best breakfasts

Top 5 Breakfasts on the go

- 1 Toby's Estate** Grab a bacon and egg roll with hollandaise sauce and take a stroll through Hyde Park. ▶ 129 Cathedral St, Woolloomooloo 2011. (02 9358 4123).
- 2 Wall** Don't have time to dine in? They have a service window on the street where you can get take away coffee, toast and muffins. ▶ 80 Campbell St, Surry Hills 2010. (02 9280 1980).
- 3 Bourke St Bakery** Do you even need to ask? Everything here is excellent. But if you cornered us, we'd choose their sausage rolls for brekky any day. ▶ 633 Bourke St, Surry Hills 2010. (02 9699 1011).
- 4 Boost** They may be commercial, but their juices and smoothies aren't bad at all and if you're in a hurry and need a quick fix, they're ideal. ▶ Various locations around Sydney
- 5 House of Chocolates** Little known fact: House of Choc do one of the best banana smoothies in town. They sprinkle it with cinnamon and everything! ▶ 267 Bondi Rd, Bondi 2026. (02 9130 5439).

Top 5 Alfresco brekkies

- 1 Pool Café** Bags one of the tables outside – there are stunning ocean views and pancakes, to boot. ▶ 94 Marine Pde, Maroubra 2035. (02 9314 0364).
- 2 The Deck** Take your morning repast out on the deck under the maniacally smiling face of the Luna Park clown. ▶ 1 Olympic Dr, Milsons Point 2061. (02 9033 7670).
- 3 Green's Café** A beach cafe with a courtyard, sea breezes and tasty scrambled eggs. ▶ 140 Glenayr Ave, Bondi Beach 2026. (02 9130 6181).
- 4 Caffè Salina** The outdoor tables are as rare as hen's teeth – everyone wants one – so if you get one, hang onto it for dear life. ▶ 479 Bronte Rd, Bronte 2024. (02 9369 4012).
- 5 Boy Charlton Poolside Café** Oh, to be sitting there right now, overlooking the pool where fit types in Speedos churn up and down making us feel guilty for ordering our eggs scrambled instead of poached. ▶ Andrew 'Boy' Charlton Pool, 1C Mrs Macquaries Rd, Sydney 2000. (02 8354 1044).

Sydney's best breakfast 2009...

1 Kazbah A breakfast degustation



◀ **Eat this...**
The breakfast degustation (\$20pp).
The X factor... It's the only place in Sydney we know that does a brekky deg and it's incredibly cheap.
This Balmain

favourite offers Middle Eastern fare that will keep you firing on all cylinders for the weekend. Brekky dishes include a lamb breakfast tagine with Turkish toast, pita bread and squeeze of lemon, or foul – pronounced like fool – medammas (a Middle Eastern peasant dish of beans mashed with olive oil and spices: yum). Fresh juices and Egyptian Hibiscus tea feature, too.

If you want to go all out, order the degustation. You need to be a group of eight or more and book *well* ahead, but at just \$20 per person for a meal that will fill you up till Monday, it's crazily good value. Pace yourself: this is a breakfast; a fantasia of Middle Eastern/North African-inspired tastiness. Curb your enthusiasm for the carbs because the second course of eggs done three ways on Turkish toast with merguez sausage and haloumi is yet to come. But once you've lubricated your stomach with viscous Turkish coffee, you can handle anything. Even if you're just popping in for some labne on toast or a simple omelette, you can't beat Kazbah for interesting, tasty, inexpensive food and great service. That's why it's number one. ▶ 379 Darling St, Balmain 2041. (02 9555 7067 www.kazbah.com.au). Breakfast served Wed–Sat 6.30pm–late; Sat–Sun & public holidays 9am–3pm.

If it's full try... Adriano Zumbo Café Chocolat, Shop 5, 308 Darling St Balmain 2041. (02 9555 1199). Breakfast served Mon–Fri 8am–4pm; Sat 8am–5pm; Sun 9am–5pm. ●

